



St. Teresa's Hospital
聖德肋撒醫院



Botulinum Toxin Injection

Reference:

Medication Guide of BOTOX® BOTOX® Cosmetic
(Boe-tox) (onabotulinumtoxinA) for Injection
U.S. Food and Drug Administration

Effective date: 1/02/2022
PFE-EPI-5-E010

- We provide "Octopus hourly parking services"
- Green Line Minicab: 2, 17M, 25M, 46, 70,
- Red Line Minicab: Mongkok to San Po Kong / Wong Tai Sin / Kowloon City
- Public Buses: 1, 1A, 2A, 6D, 7B, 9, 12A, 13D, 16, 24, 27, 42, 95, 98C, 113, 203E, 296C, N216
- MTR
- * Lok Fu: 5 mins by taxi
- * Mongkok: by red line minibus, get off at Lomond Road
- * Sung Wong Toi: Exit B1, about 5-10 minutes walk
- East Rail Line
- * Mongkok East: about 5 minutes by taxi
- * Kowloon Tong: by green line bus no. 25M
- Rehabus (Dial-a Ride): (852) 2817 8154

皮膚激光及整形外科中心
Skin Laser & Plastic Surgery Centre



Botulinum Toxin Injection

Skin Laser & Plastic Surgery Centre

1/F Block East, St. Teresa's Hospital

Tel:(852) 2200 3211

Working Hours:

09:00-19:00 (Monday to Saturday)

Introduction

Botulinum toxin is a neurotoxic protein that mainly used in cosmetic dermatology for the treatment of wrinkles, facial creases, severe frown lines and medical conditions including excessive sweating.

The efficacy of botox varies from person to person. Results have been shown to last up for 3-6 months generally. When the efficacy of drugs is reduced, the wrinkles will gradually return to the way they looked before the treatment.

Before the Injection

Patient should avoid taking the following medications:

- anti-platelets (aspirin-like products)
- anti-coagulants (blood thinners)
- muscle relaxants
- recently received an antibiotic by injection
- sleep medicine
- allergy or cold medicine
- botulium toxin products in the last 4 months

It is not recommended to have botox injection for patients who are pregnant or breastfeeding and having a disease that affects the muscles and nerves. (e.g. peripheral motor neuropathic diseases or neuromuscular junctional disorders)

During the Injection

1. You can discuss your expectations and questions on Botox injection with your doctor during the consultation.
2. Doctor will explain the therapeutic effects, possible side-effects and complications of Botox injection to patient and informed consent will be signed.
3. Please remove all makeup and cleanse the face. Standardized clinical photos should be taken before treatment as documentation.
4. Doctor/healthcare professionals will ask about your allergy history and past health history.
5. Botulinum Toxin is injected into the treatment area at the recommended dose by using a very fine needle.

After the Injection

The common side effects associated with the injection include localized pain, infection, inflammation, tenderness, swelling, redness, bleeding and bruising. Other possible side effects are dry mouth, tiredness, headache, neck pain, eye problems, and allergic reactions. These symptoms lasted about a few days or so.

There is a potential spread of botox from the injection site to distant parts of the body. Problem swallowing, speaking or breathing may happen in rare cases. Side effects may occur with hours or several weeks after injection.

You should avoid pressing or massage the treatment area and lay flat within a few hours after the treatment.

A cold pad can be used to soothe the treatment area if necessary.

Care instruction after injection

- Cleanse your skin with water or gentle cleanser.

- Protect your skin with mild, non-medicated moisturizer.
- Do not lay flat within 4 hours after the injection.
- Do not massage the treatment area within 4 hours after the injection.
- Avoid excessive heat exposure e.g. rigorous exercises, sauna, and hot spring.
- Avoid alcohol drinking.
- Apply sunscreen with at least SPF50 or above (anti-UVB) and PA ++++ (anti-UVA) in the daytime and outdoor activities.

Risks

IMPORTANT SAFETY INFORMATION

Botulinum Toxin may cause serious side effects that can be life-threatening. Call your doctor or get medical help right away if you have any of these problems any time (hours to weeks) after injection:

- Problems breathing or swallowing
- Spread of toxin effects
- Botulism
- An unexpected loss of strength or general muscle weakness
- Temporary loss of facial expressions.
- Dysphonia (Hoarseness or trouble talking)
- Dysarthria (Trouble saying words clearly)
- Inflammation at the injection site
- Eye problems: double vision, blurred vision, decreased eyesight, drooping eyelids, swelling of your eyelids, and dry eyes
- Serious and/or immediate allergic reactions
- Slightly asymmetry
- Muscle stiffness
- Scar formation

Please contact your doctor if you have any queries.